

Track Team Info Sheet - 2010

WEB PAGE - www.enerjazz.com/track

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Texas
Instruments
Track and
Field Team

Schedule / Time Trials

Location: JJ Pearce High School (map below)

Thursday practice starts about 5:15pm, arrive as early as 5pm, as late as 6:15pm.

Saturday practice / time trials starting at 8:00am on Sat morning.

Practice tips: Go to the restroom before you leave work. Change at work or in your car (what most do). Bring water with you. Always keep some warm up pants / jacket in your car – the weather changes quickly in the spring. We run in the rain, but not when there is lightning. Sometimes the Pearce Natatorium restrooms will be open, but don't count on it.

TIME TO SUBMIT DATA

Enter your info directly into EditGrid (it saves as you type) -

http://www.editgrid.com/user/enerjazz/TI_Track_Database_2010 (pass=irun)

National Meet 2010

July 24th & 25th - USCAA Corp Cup Championship at Dougherty Valley High in San Ramon, CA

* 75% of national team selected on 6/20 *

* Alumni and remainder of national team selected on 6/30 * (approx 45-50 TI team members selected)

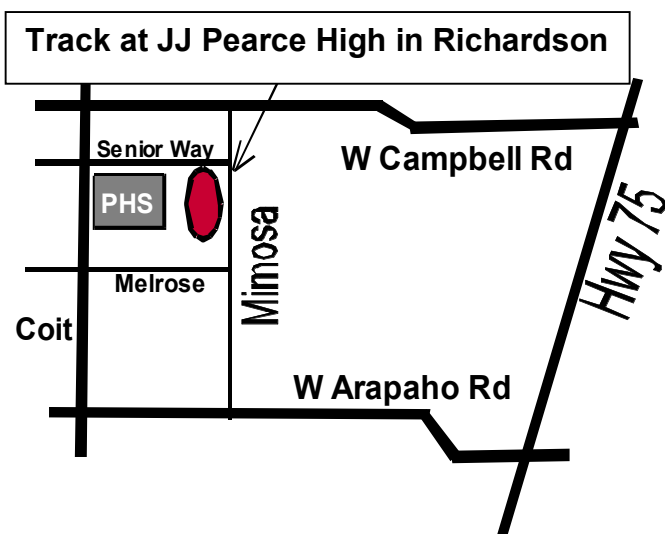
5K, Bike Race, and 21 other sports with TI Teams

Aug-Oct - Richardson Corporate Challenge – www.enerjazz.com/rcc

MAP

JJ Pearce High - from the south: Take Spring Valley west, turn right (north) on Coit, turn right (east) on Senior Way just past the school.

From the north: Take Campbell Rd west, go 2.8 miles, turn left (south) on Mimosa, turn right on Senior Way.



Eligibility

TI Employee – must be employed 45 days before the national meet and working 20 hours/week

TI Contractors – must be employed 6 months before the meet and working 30 hrs/week

Retirees – must be pension eligible, former employees with 5+ years of service whose age + years of service = 55 or more.

Alumni/Spouses – Up to 5 ex-employees who have competed in at least one national meet are eligible as alumni. Up to 3 of these slots can be filled by spouses of participating employees.