

TI Track Field Team - 2008 National Results

2008 Event	Fin/ Pre	08 Result	Age/ 08 PI	Dist	Sex	08 Age	08 Name
Women's 5K (0-24)	Final	24:20	3/59.18	5K	F	23	Sen, Sujata
Women's 5K (30-34)	Final	18:51	1/76.37	5K	F	34	Schaffer, Viola
Women's 5K (45-49)	Final	21:25	1/75.55	5K	F	48	Fales, Pam
Women's 5K (50-54)	Final	24:09	1/69.56	5K	F	52	Sulser, Dianna
Women's 5K (50-54)	Final	25:20	4/65.67	5K	F	51	Aswakool, Pam
Women's 5K (65-69)	Final	25:43	1/79.19	5K	F	69	Kennard, Mary
Total-Women's 5K			1st				
Men's 5K (35-39)	Final	16:34	1/78.29	5K	M	39	Schmidt, Brian
Men's 5K (40-44)	Final	16:43	1/81.22	5K	M	41	Borian, Peter
Men's 5K (45-49)	Final	17:58	1/78.39	5K	M	46	Steffen, Scott
Men's 5K (55-59)	Final	18:54	1/83.0	5K	M	59	Ward, Trevor
Men's 5K (65-69)	Final	21:27	1/80.28	5K	M	68	Capps, Wally
Total-Men's 5K			1st				
Women's 10K (0-24)	Final	48:59	3/61.06	10K	F	23	Sen, Sujata
Women's 10K (30-34)	Final	37:58	1/78.79	10K	F	34	Schaffer, Viola
Women's 10K (45-49)	Final	45:37	1/73.24	10K	F	48	Fales, Pam
Women's 10K (50-54)	Final	48:19	1/71.73	10K	F	52	Sulser, Dianna
Women's 10K (50-54)	Final	51:57	4/66.11	10K	F	51	Aswakool, Pam
Women's 10K (65-69)	Final	53:39	1/78.28	10K	F	69	Kennard, Mary
Total-Women's 10K			1st				
Men's 10K (0-24)	Final	42:59	2/62.73	10K	M	23	Gupta, Arun
Men's 10K (35-39)	Final	33:18	1/80.98	10K	M	39	Schmidt, Brian
Men's 10K (40-44)	Final	34:38	1/81.05	10K	M	41	Borian, Peter
Men's 10K (45-49)	Final	36:28	1/79.85	10K	M	46	Steffen, Scott
Men's 10K (45-49)	Final	41:37	3/69.45	10K	M	45	Cooley, John
Men's 10K (55-59)	Final	38:18	1/84.72	10K	M	59	Ward, Trevor
Men's 10K (65-69)	Final	42:43	1/83.33	10K	M	68	Capps, Wally
Total-Men's 10K			1st				
4 x 100 Relay	Prelim	15.4	40+	100	F	47	Iba, Elaine
4 x 100 Relay	Prelim	12.3	Open	100	F	26	Ferguson, Elizabeth
4 x 100 Relay	Prelim	12.4	40+	100	M	48	Westbrook, Paul
4 x 100 Relay	Prelim	11.4	Open	100	M	36	Sarpong, Benjamin

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PreTot-4 x 100 Relay		51.5					
4 x 100 Relay	Final	15.3	40+	100	F	49	Samilton, Cynthia
4 x 100 Relay	Final	12.2	Open	100	F	26	Ferguson, Elizabeth
4 x 100 Relay	Final	12.0	40+	100	M	48	Westbrook, Paul
4 x 100 Relay	Final	10.8	Open	100	M	36	Sarpong, Benjamin
Total-4 x 100 Relay		50.3	1st				Need 51
SubMaster Dist Relay	Final	02:11.5	35/30	800	M	36	Jara, Pedro
SubMaster Dist Relay	Final	01:10.4	30+	400	F	45	Toliver, Robin
SubMaster Dist Relay	Final	03:39.3	35/30	1200	M	33	Heap, Ken
SubMaster Dist Relay	Final	05:00.8	30/35	1600	M	44	Luo, Luke
Total-SubMaster Dist		12:02.0	1st				Need 11:25, 11:45 for
Women's 800 Team	Prelim	02:59.8	Open	800	F	46	Howard, Vonnie
Women's 800 Team	Prelim	02:59.0	Open	800	F	43	Shockley, Beth
PreTot-Women's 800		05:58.8					qual safe
Women's 800 Team	Final	02:30.7	Open	800	F	34	Schaffer, Viola
Women's 800 Team	Final	02:39.3	Open	800	F	44	Michalak, Beth
Total-Women's 800		05:10.0	2nd				Need 5:00
3 Lap Sprint	Prelim	00:32.5	Open	200	F	28	Bennett, Jeannette
3 Lap Sprint	Prelim	00:25.3	Open	200	M	22	Reynolds, Michael
3 Lap Sprint	Prelim	00:57.9	Open	400	M	29	Pierre, Leonardo
3 Lap Sprint	Prelim	01:00.0	Open	400	M	40	Grant, Chris
PreTot-3 Lap Sprint		02:55.7					
3 Lap Sprint	Final	00:30.3	Open	200	F	22	Vales, Liz
3 Lap Sprint	Final	00:23.4	Open	200	M	36	Sarpong, Benjamin
3 Lap Sprint	Final	00:55.0	Open	400	M	24	Lawson, Nathaniel
3 Lap Sprint	Final	00:52.5	Open	400	M	40	Grant, Chris
Total-3 Lap Sprint		02:41.2	1st				Need 2:39
Executive Relay	Final	03:00.8	30+	800	F	45	Nagel, Heidi
Executive Relay	Final	00:59.5	30+	400	M	48	Westbrook, Paul
Executive Relay	Final	02:37.4	30+	800	M	55	Bosshart, Pat
Executive Relay	Final	05:52.4	30+	1600	M	59	Ward, Trevor
Total-Executive Relay		12:30.1	3rd				Need 11:20
Distance Relay	Final	06:41.0	Open	1600	F	48	Fales, Pam

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Distance Relay	Final	02:24.9	Open	800	M	33	Heap, Ken
Distance Relay	Final	05:42.3	40+	1600	M	45	Cooley, John
Distance Relay	Final	05:22.6	Open	1600	M	46	Steffen, Scott
Distance Relay	Final	11:01.6	Open	3200	M	41	Borian, Peter
Total-Distance Relay		31:12.4	3rd				Need 27:45
Men's Mile Team	Prelim	05:41.4	Open	1600	M	23	Gupta, Arun
Men's Mile Team	Prelim	05:51.7	Open	1600	M	45	Cooley, John
PreTot-Men's Mile		11:33.1					
Men's Mile Team	Final	05:16.7	Open	1600	M	24	Eash, Aaron
Men's Mile Team	Final	05:16.6	Open	1600	M	25	Southard, Eric
Total-Men's Mile		10:33.3	3rd				Need 9:20
4 x 200 Relay	Prelim	00:26.9	40+	200	M	43	Cirba, Claude
4 x 200 Relay	Prelim	00:27.7	50+	200	M	53	Haschke, Russ
4 x 200 Relay	Prelim	00:28.7	Open	200	F	27	Larzelere, Tara
4 x 200 Relay	Prelim	00:24.6	Open	200	M	24	Frederick, Terence
PreTot-4 x 200 Relay		01:47.9					
4 x 200 Relay	Final	00:26.5	40+	200	M	43	Cirba, Claude
4 x 200 Relay	Final	00:27.6	50+	200	M	53	Haschke, Russ
4 x 200 Relay	Final	00:28.3	Open	200	F	27	Larzelere, Tara
4 x 200 Relay	Final	00:24.2	Open	200	M	24	Frederick, Terence
Total-4 x 200 Relay		01:46.6	1st				Need 1:48
Senior's Relay	Prelim	00:35.4	60+	200	M/F	66	King, Rio
Senior's Relay	Prelim	01:08.8	50+	400	M	56	Jenkins, JJ
Senior's Relay	Prelim	00:35.8	50+	200	F	54	Gonzalez, Terry
Senior's Relay	Prelim	01:54.8	50+	600	M	59	McGehee, John
Senior's Relay	Prelim	01:05.2	50+	400	M	50	Johnson, Mark
PreTot-Senior's Relay		05:20.0					
Senior's Relay	Final	00:32.5	60+	200	M	66	King, Rio
Senior's Relay	Final	01:06.9	50+	400	M	56	Jenkins, JJ
Senior's Relay	Final	00:33.8	50+	200	F	54	Gonzalez, Terry
Senior's Relay	Final	01:42.8	50+	600	M	59	McGehee, John
Senior's Relay	Final	01:02.1	50+	400	M	50	Johnson, Mark
Total-Senior's Relay		04:58.1	1st				Need 5:22

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Women's Relay	Prelim	02:58.0	40+/Open	800	F	46	Howard, Vonnie
Women's Relay	Prelim	01:17.8	Open/40+	400	F	28	Gibson, Arianna
Women's Relay	Prelim	01:09.7	Open/40+	400	F	35	Pool, Tonica
PreTot-Women's Rly		05:25.5	add90			109	
Women's Relay	Final	02:39.4	40+/Op	800	F	44	Michalak, Beth
Women's Relay	Final	01:07.8	Op/40+	400	F	35	Pool, Tonica
Women's Relay	Final	01:01.1	Op/40+	400	F	26	Ferguson, Elizabeth
Total-Women's Relay		04:48.3	1st			105	Need 4:52
Submasters Sprint	Prelim	00:31.9	30+	200	F	43	Shockley, Beth
Submasters Sprint	Prelim	00:27.7	35/30	200	M	37	Fortenberry, Todd
Submasters Sprint	Prelim	01:00.2	35/30	400	M	35	Gordon, Greg
Submasters Sprint	Prelim	02:25.2	30/35	800	M	36	Jara, Pedro
PreTot-Submast Sprint		04:25.0					
Submasters Sprint	Final	00:28.9	30+	200	F	45	Gordon, Mariquita
Submasters Sprint	Final	00:25.5	35/30	200	M	37	Fortenberry, Todd
Submasters Sprint	Final	00:54.2	35/30	400	M	35	Gordon, Greg
Submasters Sprint	Final	02:06.2	30/35	800	M	44	Luo, Luke
Total-Submast Sprint		03:54.7	1st				Need 4:02
Presidents Relay	Final	00:34.6	30+	200	M/F	45	Nagel, Heidi
Presidents Relay	Final	01:12.5	30+	400	M/F	45	Gordon, Mariquita
Presidents Relay	Final	02:36.3	30+	800	M/F	55	Bosshart, Pat
Total-Presidents Relay		04:23.4	3rd				Need 4:04
Pyramid Relay	Prelim	01:14.5	Open	400	F	28	Bennett, Jeannette
Pyramid Relay	Prelim	02:31.5	Open	800	M	41	Smith, Scott
Pyramid Relay	Prelim	03:58.1	Open	1200	M	33	Heap, Ken
Pyramid Relay	Prelim	02:29.4	Open	800	M	23	Gupta, Arun
Pyramid Relay	Prelim	01:23.1	Open	400	F	28	Gibson, Arianna
PreTot-Pyramid Relay		11:36.5					
Pyramid Relay	Final	01:05.2	Open	400	F	27	Larzelere, Tara
Pyramid Relay	Final	02:09.9	Open	800	M	24	Eash, Aaron
Pyramid Relay	Final	03:30.8	Open	1200	M	39	Schmidt, Brian
Pyramid Relay	Final	02:05.8	Open	800	M	25	Southard, Eric
Pyramid Relay	Final	01:01.5	Open	400	F	26	Ferguson, Elizabeth

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Total-Pyramid Relay		09:53.2	1st				Need 9:54
Masters Relay	Prelim	02:34.7	40/50	800	M	45	Tolbert, Danny
Masters Relay	Prelim	01:04.7	40/50	400	M	41	Smith, Scott
Masters Relay	Prelim	02:40.9	40/50	800	M	50	Johnson, Mark
Masters Relay	Prelim	00:33.2	40+	200	F	49	Samilton, Cynthia
Masters Relay	Prelim	00:31.0	50/40	200	M	56	Jenkins, JJ
PreTot-Masters Relay		07:24.5					
Masters Relay	Final	02:26.0	40/50	800	M	45	Tolbert, Danny
Masters Relay	Final	00:59.4	40/50	400	M	46	Wight, Randy
Masters Relay	Final	02:09.4	40/50	800	M	44	Luo, Luke
Masters Relay	Final	00:31.1	40+	200	F	49	Samilton, Cynthia
Masters Relay	Final	00:27.9	50/40	200	M	53	Haschke, Russ
Total-Masters Relay		06:33.8	1st				Need 6:45
Sprint Relay	Prelim	00:31.0	30+	200	F	45	Toliver, Robin
Sprint Relay	Prelim	00:30.8	Open	200	F	22	Vales, Liz
Sprint Relay	Prelim	00:57.4	Open	400	M	29	Pierre, Leonardo
Sprint Relay	Prelim	01:01.5	Open	400	M	22	Reynolds, Michael
Sprint Relay	Prelim	00:26.4	40+	200	M	46	Wight, Randy
Sprint Relay	Prelim	00:26.1	Open	200	M	28	Leverson, Jarvis
PreTot-Sprint Relay		03:53.2					
Sprint Relay	Final	00:30.5	30+	200	F	35	Pool, Tonica
Sprint Relay	Final	00:29.9	Open	200	F	22	Vales, Liz
Sprint Relay	Final	00:58.1	Open	400	M	22	Reynolds, Michael
Sprint Relay	Final	00:53.5	Open	400	M	40	Grant, Chris
Sprint Relay	Final	00:26.1	40+	200	M	43	Cirba, Claude
Sprint Relay	Final	00:22.8	Open	200	M	24	Lawson, Nathaniel
Total-Sprint Relay		03:40.9	2nd				Need 3:35
Team Jump (High)	Final	822	4'3"	HJ	M	46	Phillips, Sheri
Team Jump (High)	Final	790	4'1"	HJ	M	47	Iba, Elaine
Team Jump (High)	Final	695	5'4"	HJ	M	28	Leverson, Jarvis
Team Jump (Long)	Final	820	13'9"	LJ	M	46	Phillips, Sheri
Team Jump (Long)	Final	860	14'5"	LJ	M	47	Iba, Elaine
Team Jump (Long)	Final	685	20'0"	LJ	M	28	Leverson, Jarvis

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2008 Event	Fin/ Pre	08 Result	Age/ 08 PI	Dist	Sex	08 Age	08 Name
Total-Team Jump		3292	1st				Need 2950 pts
Team Throw Discus	Final	357	81'6"	Disc	M	46	Wolff, Ryan
Team Throw Discus	Final	468	83'10"	Disc	M	46	Phillips, Sheri
Team Throw Discus	Final	325	58'3"	Disc	M	45	Gordon, Mariquita
Team Throw Shotput	Final	376	27'2"	Shot	M	46	Wolff, Ryan
Team Throw Shotput	Final	544	26'8"	Shot	M	46	Phillips, Sheri
Team Throw Discus	Final		any	Shot	M	#N/A	
Total-Team Throw		1745	3rd				Need 2400 pts
Co-Captain							Gordon, Mariquita
Co-Captain							Schmidt, Brian
Data / Web Manager							Westbrook, Paul
Travel / Treasurer							Samilton, Cynthia
Travel							Sulser, Dianna
Equipment Manager							Aswakool, Pam
Coach							King, Rio
Coach / Timer							Deatherage, Tony
Vol - Course Monitor	road			Vol			Eash, Aaron
Vol - Course Monitor	road			Vol			Southard, Eric
Vol - Course Monitor	road			Vol			Vales, Liz
Volunteer Cord Mtg	track			Vol			Aswakool, Pam
Opening Ceremonies	track						Lawson, Nathaniel
Volunteer- Awards	track			Vol			Sen, Sujata
Volunteer- Awards	track			Vol			Aswakool, Pam
Captain's Meeting	track			Cap			Gordon, Mariquita
Captain's Meeting	track			Cap			Schmidt, Brian
Vol - Course Monitor	road			Vol			Bennett, Jeannette
Vol - Course Monitor	road			Vol			Gibson, Arianna
Vol - Course Monitor	road			Vol			Shockley, Beth
Volunteer- Awards	track			Vol			Cooley, John
Volunteer- Awards	track			Vol			Gupta, Arun
4x200 Special O Relay	track						Bennett, Jeannette
4x200 Special O Relay	track						Gibson, Arianna